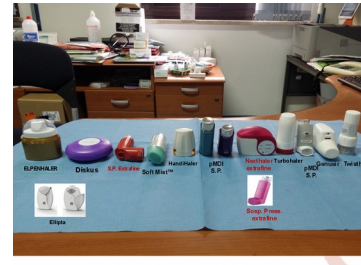


In COPD, adherence to chronic inhalation therapy is required for proper control of the disease and to prevent recurrences. Patients should be informed on the concept of chronic disease and chronic therapy. Chronic therapy improves breathing function, quality of life, tolerance to physical exercise and dyspnea (shortness of breath during exercise).

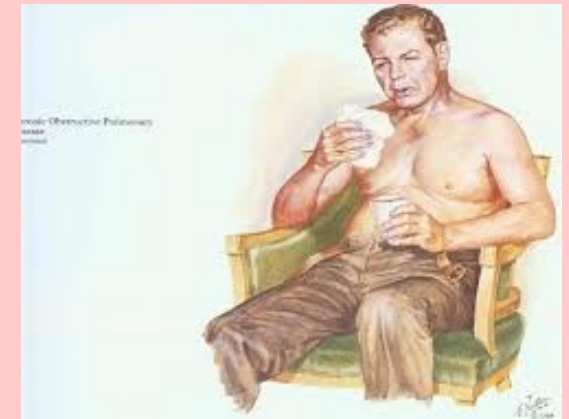
In the treatment of COPD, the proper use of inhalation devices prescribed by the doctor is fundamental to obtain an effective response and improve symptoms. Try the Inhalation Device in front of the doctor! Accept the Inhalation Device if you consider it easy to use properly.



COPD Recurrences are Prevented by:
Appropriate therapeutic treatment.
Adequate adherence to chronic therapy.
Adequate Rehabilitation Treatment.
Anti Influenza Vaccination.



COPD INFORMATION BOOKLET



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Ambulatorio immigrati via Lancia di Brolo, 10/bis 0917035465
Ambulatorio immigrati via M. D'Azeglio, 6 0917032373
Azienda Ospedaliera Universitaria
"Policlinico Paolo Giaccone"
DH di Medicina dei Viaggi del Turismo e delle Migrazioni: 0916552981
— 0916552862 — 3297974965
Azienda Ospedaliera "Ospedali Riuniti Villa Sofia — Cervello"
Servizio Accoglienza Attiva per i Cittadini Stranieri P.O. Cervello via
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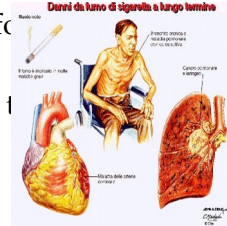
BRONCOPNEUMOPATIA CRONICA OSTRUTIVA



Chronic and treatable
due to the inhalation of
toxic or harmful particles
that we breathe,
causing obstruction to airflow in
the lungs that is not fully reversible and
characterized by cough, phlegm /
sputum, shortness of breath / breathing
difficulty.

Early Diagnosis of the Disease is
important for Prognosis.

The Main Risk Factors for COPD are:
Cigarette Smoking
Occupational Exposure to
toxic airways.
Air Pollution.



To Diagnose COPD, it is necessary to:
Identify the symptoms: cough, sputum, dyspnea.
Perform a Spirometry with Bronchodilation
test, in order to measure airflow obstruction in
the airways and define the incomplete
reversibility after taking bronchodilators by
inhalation.
The spirometry test is necessary for the correct
diagnosis of COPD.

Questionario GOLD per l'identificazione precoce dei pazienti con BPCO

Potrebbe trattarsi di BPCO?

- Sai cos'è la BPCO? È la Broncopneumopatia Cronica Ostruttiva, una patologia bronco-polmonare molto frequente, anche se molti pazienti ne sono affetti senza saperlo.
- Rispondi alle domande e scopri se sei affetto da BPCO.

Hai tosse e catarro frequentemente?	SI NO
Fai fatica a respirare rispetto ai tuoi coetanei?	SI NO
Hai limitato l'attività fisica per questo?	SI NO
Hai più di 40 anni?	SI NO
Sei un fumatore o lo sei stato?	SI NO

Se hai risposto sì a tre o più domande potresti essere affetto da BPCO, chiedi al tuo medico se ritiene necessario che tu faccia una spirometria. Una diagnosi precoce di BPCO è fondamentale nel prevenire un aggravamento di questa malattia.

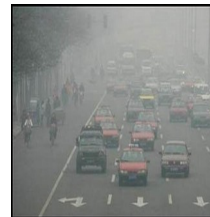


Figure 1 Now you see it

Figure 2 Now you don't

